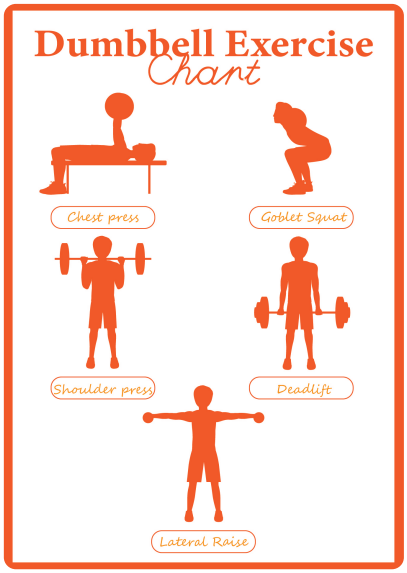
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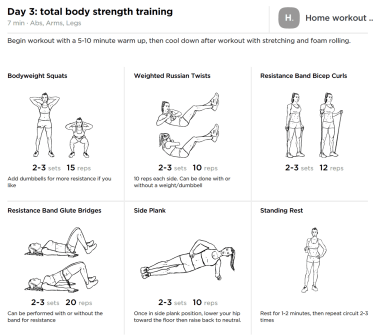
Photo Gallery



No-Equipment Workouts Book



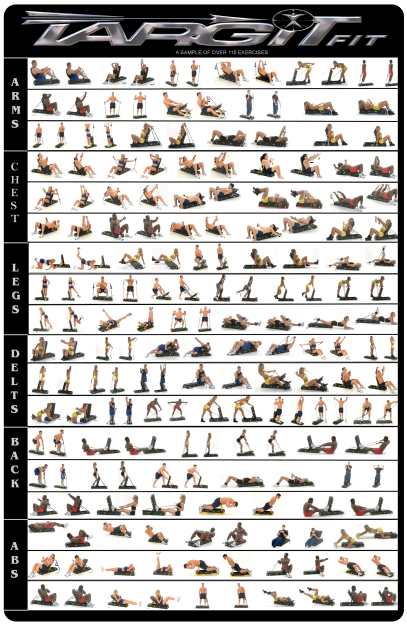
Pdf Free Weights Home Workout Printable Full Body Dumbbell W



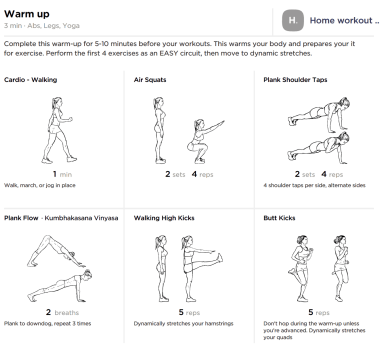
Clearance daily home workout routine to lose weight New Arri



30-Day Beginner Workout Plan



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About This Collection

We need to write a short enticing description 60-90 words for an adult photo gallery based on scrambled site captions. Must reuse at least 20% of the key words from the captions (names, nicknames, distinctive terms), translating the rest as needed. , English. Title: "free printable home workout routines". So we need to include some of the words from captions: like "Pdf", "Daily Exercise Routine", "Bodyweight Workout", "Specforce", "Alpha Workout", "Free Week Bodyweight", "Best At Home Workout", "No Equipment", "Printable Home Workout", "Plan", "Clearance daily home workout routine to lose weight", "New Arrivals Free Printable 7 Day Home Workout for Weight Loss Pdf", "Free Daily Workout Plan Gym At Home Dumbbell Workout Plan Circuit", etc.

We need to reuse at least 20% of the key words. Key words are presumably the distinctive terms: names, nicknames, distinctive terms. We can reuse words like "Pdf", "Daily", "Exercise", "Routine", "Bodyweight", "Workout", "Specforce", "Alpha", "Free", "Week", "Best", "At Home", "No Equipment", "Printable", "Plan", "Clearance", "daily", "home", "workout", "lose weight", "New Arrivals", "7 Day", "Weight Loss", "Gym", "Dumbbell", "Circuit", "30 Day", "Abs", "Hasfit", "Beginner", etc.

We need to reuse at least 20% of them; we can just include many of them. Use commas or split sentences. Also no em or en dashes; we must avoid using dash characters. Use "because" instead of "due to the fact that". No forced groups of exactly three items. Must not use AI-flag words: delve, tapestry, vibrant, testament, landscape, showcase, crucial, pivotal, additionally, moreover, furthermore, "it is important to note", "serves as", "boasts". No "At its core". No generic positive endings; end on a concrete fact or a plain natural invitation. No "not only X but Y". Use "to" instead of "in order to". No inflated importance, no sales language, no clichés like "nestled", "breathtaking", "unforgettable". No emojis, no curly quotes, no markdown, no bold text.

We need to end with a natural invitation to view the full gallery via the link above. So something like "See the full gallery above." Or "View the full gallery via the link above." Must be plain text.

We must keep each claim supported by the provided captions. Must only mention things that appear in captions. So we can't claim something not in captions. For instance: "Pdf", "Daily Exercise Routine", "Bodyweight Workout", "Specforce", "Alpha Workout", "Free Week", "Best At Home Workout", "No Equipment", "Printable Home Workout", "Plan", "Clearance", "daily home workout routine to lose weight", "New Arrivals", "Free Printable 7 Day Home Workout for Weight Loss Pdf", "Free Daily Workout Plan Gym At Home Dumbbell Workout Plan Circuit", etc.

We must not list captions mechanically; we must turn them into a coherent paragraph.

We need 60-90 words. Let's aim for ~75 words.

We must avoid using dash characters. So no hyphen? It says never use em or en dashes; hyphen is okay. The instruction says never use em or en dashes; split the sentence or use a comma. Typically hyphen is not em or en dash, but safer to avoid hyphen? Hyphen is okay? But we can avoid hyphens to be safe.

We need to avoid "not only X but Y". Safer to avoid lists of three. We can have two or more than three but not exactly three? So we must not have exactly three items in a list. Also avoid forced groups of exactly three items. We can just not use lists.

We must avoid using "to" incorrectly? Actually we need to use "to" instead of "in order to". That's fine.

We must not use AI-flag words.

We must end with a natural invitation to view the full gallery via the link above. So final sentence: "View the full gallery via the link above." That's fine.

See the full gallery: View Full Gallery Online

Source: Read the original article on iworldnew.com

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